

YEAR:

DATE DUE

DATE GIVEN

July

August

September

October

November

December

For more information on ARF / RHD please contact your local health practice, or go to [www.RHDAustralia.org.au](http://www.RHDAustralia.org.au)

Queensland  
Government



# MY BICILLIN PLAN

WHICH WAY?  
SHOW ME YOUR WAY!

Name: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary Provider: \_\_\_\_\_

LA Bicillin (1.2mu) >20kg  LA Bicillin (600,000u) <20kg

Bicillin Cycle:  21 Days

28 Days

RHD:  None

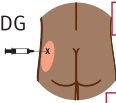
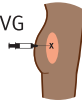
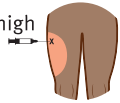
Mild

Moderate

Severe

# GAME PLAN

## INJECTION SITE:

 DG

 VG

 Thigh


## POSITION:

 Lying down

 Standing

 Sitting

 Leaning

## THERAPY:

 Buzzy Bee

 Numbing Cream

 Ice Pack

 Shot Blocker

 Wriggle Toes

 Entonox

 Other \_\_\_\_\_

## DISTRACTION:

 Electronic Device

 Jokes

 Talking

 Quiet

 Distraction Box

 Deep Breathing

## BEFORE:

 1, 2, 3

 Says 'go'

 Other \_\_\_\_\_

## AFTER:

 Warm Pack

 Ice Pack

 Pain Medicine

 Rest Up

 Walk It Off

## TOP TIPS FOR INJECTORS

1. BE NICE. Listen to your patient.
2. Make sure medicine is warm (hold in your hand until it is room temperature)
3. Give it slowly or it really hurts (Count to 120, or give over 2- 3 minutes)
4. Allow time to give the injection, help the patient feel safe so they want to come back.

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January

February

March

April

May

June