

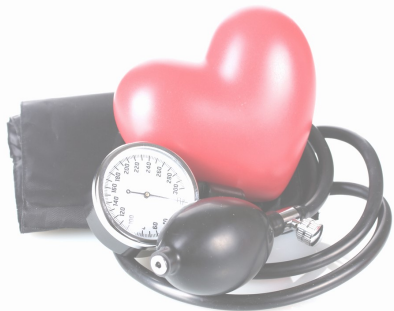
Who are Heart Foundation Health Ambassadors?

Northern Territory health professionals with the passion and energy to create change and deliver best practice care to cardiovascular patients in their workplace.

Selected health professionals will be provided with a professional development program to update their knowledge, skills and develop confidence to implement work plans that incorporate the principles of evidence based practice into their workplaces.

As a Health Ambassador, participants will have access to Heart Foundation evidence based guidelines and resources, attend 4 face to face workshops and undertake their work plan over the duration of the program (March—October 2018).

2016 saw the inaugural year of the Ambassador program in the Northern Territory and we have had 2 amazing groups of health professional complete the program in 2016 & 2017. We look forward to you joining the network of Heart Foundation Ambassadors in the NT.



2016 Feedback

“Every session is very useful...”

“...it has opened the door to networking and being able to share and develop knowledge, resources and ideas when working with our chronic disease clients (and colleagues) to enhance

2017 Feedback

“Great program, enthusiastic speakers, nurturing environment where questions were welcomed, fantastic to get to know other health professionals.”

“All the sessions were excellent & interesting. The presenters had good presenting skills to keep everyone engaged. All the handouts were of high educational value.”

For further information or to request an application form:

Heart Foundation
Level 3, 21 Knuckey St
Darwin Central Offices

Telephone: (08) 8982 2700
Email: ntadmin@heartfoundation.org.au

Applications close 2nd February 2018

For heart health information
1300 36 27 87
www.heartfoundation.org.au



BECOME A HEART FOUNDATION HEALTH AMBASSADOR IN 2018



Benefits of being a Heart Foundation Health Ambassador

- Participation in a cardiovascular health professional development program.
- Access to an online communication network for Ambassadors to communicate with each other, and experts in the field of cardiovascular health.
- Access to the most up to date Heart Foundation information and resources.
- Receive a 'Certificate of Attendance' for professional development records.
- Be awarded a Heart Foundation Ambassador Badge to signify their achievements.

Learning outcomes for Heart Foundation Health Ambassadors

- Increased knowledge of cardiovascular health issues and awareness of Heart Foundation resources and programs.
- Development of an understanding of change management principles in relation to improving the cardiovascular health of patients.
- Development of skills and confidence to implement and evaluate evidence based guidelines into practice.
- Develop skills and a greater understanding of the aspects of cardiac rehabilitation.

Attendance

Participants are responsible for booking and funding their own transport and accommodation costs.

There is no charge for involvement in the workshops, however places are limited.

Who can become a Heart Foundation Health Ambassador?

- **Northern Territory health professionals**
RNs, RANs, AHP, Pharmacists, Allied health professional, practice nurses etc.
- Professionals from a broad range of health care areas in rural, remote and urban settings, including:
 - * Acute Care (including cardiac and general medicine)
 - * General Practice
 - * Cardiac Rehabilitation Services
 - * Community Health
 - * Aboriginal Health
 - * Mental Health
- **Professionals with support from their employer to participate in the program, who are available to attend ALL program workshops and complete a work plan in their work place.**

Selection criteria

- A demonstrated or expressed interest in cardiovascular health.
- **Approval from your Manager/Employer to participate in the program and the availability to complete a work plan.**
- **Participants are expected to attend all 4 face to face session in order to receive acknowledgement of completion.**
- Access to the internet and email.
- A willingness to contribute to the Heart Foundation's profile in the community.

All applications must include:

- A completed application form - contact the Heart Foundation to obtain an application form
- An email or letter from your Manager/ Employer providing their approval for you to attend the 4 face to face sessions and to undertaking a work plan in your workplace with a focus on heart health.

Applications close 2nd February 2018

2017 Heart Foundation Health Ambassador Workshops

Full program details will be provided to participants prior to commencing the program.

The final workshop will be followed by a presentation dinner.

2018 Workshop Dates

	Darwin	Alice Springs
Workshop 1	Friday 9th March	Friday 16th March
Workshop 2	Friday 11th May	Friday 18th May
Workshop 3	Friday 11th August	Friday 18th August
Workshop 4	Combined final workshop in Darwin—Friday 26th October	